

The Sambhota Tibetan Schools Society commenced a nine-month nutrition initiative, backed by AET, France, benefiting 1,360 children in 15 Tibetan Schools in India. The program entails supplementary diets consisting of seasonal fruits, vegetables, eggs, and protein-rich meats. Nutrient-rich meals are consistently supplied for 24 days each month from May to December 2023.

1. STS, Chandragiri (Supplementary Diet)



2. STS, Mundgod (MS) (Supplementary Diet)





3. STS, Tenzingang (Supplementary Diet)





4. STS, Arlikumari (Supplementary Diet)





5. STS, Bir (Supplementary Diet)





6. STS, Chauntra (Supplementary Diet)





7. STS, Gothangaon (Supplementary Diet)





8. STS, Gulladhala (Supplementary Diet)





9. STS, Kailashpura (Supplementary Diet)





10. STS, Lobersing (Supplementary Diet)





11. STS, Mainpat (Supplementary Diet)





12. STS, Manali (Supplementary Diet)





13. STS, Mundgod Branch (Supplementary Diet)





14. STS, Paonta (Supplementary Diet)





15. STS, Puruwala (Supplementary Diet)







We are thankful to AET, France for their financial support, enabling us to provide a supplementary diet to our students. This support has contributed to improved health outcomes, enhancing the students' well-being through the consumption of nutritious food.

SUPPLEMENTARY DIET REPORT
Sambhota Tibetan School Society

Reporting Period: May – December 2023

- **No. of Students:** Total – 1,360
- **Class:** Pre-primary – Class XII
- **Total annual budget of the Supplementary Diet:** INR 1,100,115/-
- **Project:** AET, France Supplementary Diet
- **No. of TB Cases:** Total – Nil

- **How did the school implement the supplementary Diet Program?**

Supplementary diet has been a great help to the students of our 15 schools. We have provided supplementary diet during lunch and break time to all students. School has provided nutrition food like Vegetable, seasonal fruits and white meat to the students in addition to the school food menu.

- **How did the supplementary diet benefit the students? (Result Output)**

The implementation of the supplementary diet program has yielded a spectrum of noteworthy advantages for the students. These encompass enhancements in overall health and energy levels, augmented cognitive capacities, and the establishment of a conducive environment for comprehensive development. Through the cultivation of healthy dietary habits and a constructive influence on academic performance, the program has laid a robust foundation for the enduring well-being and educational accomplishments of the students.

- **Major achievements of the school if any during the reporting period?**

- Encourages optimal body growth and metabolism.
- Promotes the well-being of both body and mind.
- Decreases instances of ailments and contributes to improved health records.
- Heightens energy levels in students.
- Fosters satisfaction among both students and parents.

- **Financial Statement**

Budget Sanctioned from	Amount	Payment	Amount
Tibet Fund	Rs 1,100,115	Utilized Amount	Rs 1,100,044
		Balance Amount	Rs 71
Total amount	Rs 1,100,115	Total Amount	Rs 1,100,115

With profound sincerity and heartfelt sentiments, the distinguished schools administration, acting as the emissary of the esteemed Sambhota family, wishes to convey our profound gratitude to **AET, France**. Your invaluable support and generosity have not only touched our hearts but also greatly enriched the educational journey of our students. We are profoundly appreciative of the meaningful partnership we share, and we look forward to fostering this bond further in the pursuit of educational excellence.